

Saint Francis Village Catholic Chapel

4125 St. Francis Village Rd., Crowley, TX 76036

<https://stfrancisvillagecatholicchapel.com>

(817) 292-3274

Father Ken Robinson, Chaplain

February 8, 2026

REFLECTIONS

Saint Blaise as Patron of Health

This past Tuesday the Church celebrated the feast day of Saint Blaise, Bishop and Martyr. Tradition associates Blaise with the healing of throats and on his feast day, the priest blesses the community gathered using the following prayer:

Through the intercession of Blaise, Bishop and Martyr, may God deliver you from every disease of the throat and every other illness.

Life is a gift from God and our health is a precious treasure. As with so many gifts, however, we often don't think about the gift until it is in question. Health issues arise and changes our focus in life, sometimes to the exclusion of other important things. Health, like so much else which is gift from God, is both privilege and responsibility. As privilege, life and health are ours to use, but to use wisely. Just as we are challenged to use our physical environment wisely, conserving precious resources, likewise we are responsible for a wise and appropriate use of our bodies to ensure maximum potential for good health. It is certainly true that disease processes lurk everywhere; still, by our poor choices, we often stumble into poor health. We don't always eat healthy; we indulge in excess of food and drink; we don't exercise regularly; we often pollute our bodies with harmful substances; we don't take medications appropriately. And then we wonder why we experience health issues. Part of faithful discipleship is taking care of the physical body in a manner similar to our spiritual life.

In addition to the special blessing of Saint Blaise, through the Sacrament of the Anointing of the Sick the Church prays for and supports those who are suffering from the effects of ill health, whether physical, mental,

emotional, or spiritual. We at St. Francis Village Catholic Chapel gather on the first Thursday of each month not merely to "get anointed", but to be nourished by Word and Sacrament in order that we, the Body of Christ, might walk together in faith. No one exists as a spiritual island; we have responsibilities to one another as brothers and sisters in Christ.

Lent involves sacrifice. Consider what you need to do to improve your own health and of those around you - perhaps a pledge to eat better, exercise, avoid harmful habits. Perhaps invite a neighbor for a daily walk or make yourself available as a 'listening ear' to someone in need. Consider daily prayer for those who suffer illness and other challenges, perhaps inviting them to the Sacrament of the Anointing of the Sick.

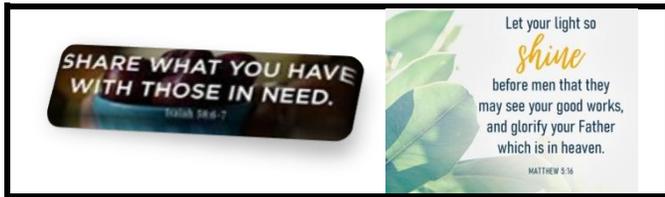
From Father Ken



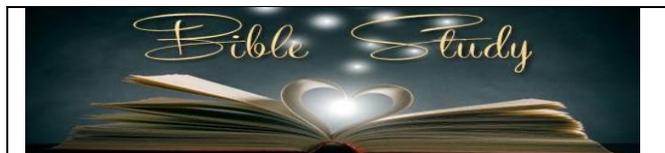
*Let us be nourished by Word and Sacrament
in order that we, the Body of Christ,
might walk together in faith.*

My Brothers and Sisters in Christ,

As we enter the Fifth Week in Ordinary Time, take notice that the Lenten Season is quickly approaching. Perhaps now is a good time for planning your Lenten disciplines and practices. This week's readings emphasize giving our attention to the needs of others and embracing a life of lowliness. These practices allow us to live a good life. The purpose of doing good and living a good life enable us to give glory to God.



The poor box located just inside the Chapel entrance is for donations to be used for SFV residents who have need of financial assistance for food or medical concerns. Thank you for your generosity.



On Thursdays at 1:30 PM, Stan and Susan Urbaneck lead a weekly Bible Study in the Video Room. Mass readings for the upcoming Saturday and Sunday Masses are reviewed and discussed. Please join this Bible study for a preview of the week to come.



A new eight-week Bible study will begin on Monday February 23rd at 9:45 AM to 11:15 AM in the A & B Activity Rooms. It will be held each Monday through April 13th. The Gospel of Salvation from Romans will be discussed. Study Guides will be available for \$25 on the first day of Class. Please sign up at the back of the Chapel to allow the book order to arrive on time. **Contact Connie Carter 817-821-4512 if you have questions.**



If you have Mass Intentions for this year, please contact Cat in the Chapel office to schedule your intentions.

In closing this week's reflection I thought I would share with you some observations concerning the candles we place on the Altar. The candles are made of beeswax. The use of beeswax candles in the Catholic Church dates back to the early days of Christianity. They were employed in liturgical ceremonies to illuminate churches, symbolizing the presence of Christ as the "Light of the world." (John 8:12). Christ is symbolized by the pure beeswax produced from the bodies of virgin bees. The candles expend themselves during burning as Christ sacrificed himself in his love for mankind.

*May Christ's will be done on earth
as it is in heaven. God Give You Peace
Mike Pierson*



Mass Intentions	
Feb. 8, 2026	SFV Catholic Chapel Community
Feb. 9, 2026	Repose of the Soul of Drew Armentrout By Jack & Genie Kearney
Feb. 10, 2026	Fr. Bob Strittmatter
Feb. 11, 2026	Special Intention to honor St. Jude For Answered Prayers
Feb. 12, 2026	Repose of the Soul of Fr. Hoa's Mother (Bá Anna Lê Thi Thuy-Tiên) By Father Ken
Feb. 13, 2026	Repose of the Soul of Connie Manalisay By SFV Catholic Chapel Community
Feb. 14, 2026	Repose of the Soul of Drew Armentrout By SFV Catholic Chapel Community (5:00 PM Vigil Mass)